



JOE WEIDER "The Muscle Builder" "Trainer of Champions" Let me add 5 to 50 Pounds of "He-Mon" muscles to your body. Pack 3 inches of "Steel-like" muscles to your orms. Add another 10 inches of rugged muscles to your chest - right in the privacy of your own home

THIS CERTAINLY CAN HAPPEN TO YOU! What I did for these former weaklings I can do for you!



Gains 80 lbs.



EFORE working the c ce. 101 pounds: ton and boers? What andown wreck? He is birth obserview arrow

OF a fluid papearer arms a fluid papearer arms fluid fluid



AFTER Winder Training? White a Change? What a Barde! 161 pounds -- a motostant of reality mascless loaded with Ret clissin thingch arms, mayreficent all-work chest and choolders: a yard wide? Apother decame come 1000



"ME UNIVERSE" TITLES Jack Delivare sent Rut Schuffer, hoch "Mr America" and "Mr Deavens" waters: Mr Baseper "Waster's Dear Duch" and "Screpters Mart" urles The world's best built even an your instructure? This show you the mercess that well build you areas, chees, shoulders and word living as fast as you over though



CLASENCE BISS "Mr America" Talls you haw he built his swaches The Wesder Way



RES LEWIS "Mr Universa" Tells ypa how he built his glass



CODE STROME. "Mr California" Leveals to you have a pained P0 Tes f he man musclini

LEO ROBERT

"World's Best Bolk Man" Lass you mon all the secret exercises of the characions

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RTAIN PLAYFUL HABTS

WILL YOU SPEND ⁵2 TO SAVE YOUR HAIR?

Haw many hard-camed dollars, haw you spent to save your hoir? Haw many hair tanics, godgets, restorers, electrical devices, have you rise in the last few years – with no success? How many times after an unsiccess ful hair growing attempt have you swam not to spend an ather cent on another hair treatment?

Yet, you buy the next product that, comes on the market with hair-growing claims.

CAN YOU GROW HAIR?

Dactors who have spent a lifetime studying hair and hair growth have canceleded that nothing now knawn can grow hair on a bald head. So, If you are bold, prepore to spend the rest of your life that way. Accept It philarophically and guit spending hard-corred dolars on hair growers.

If you can't graw hair-what can you do? Can you stap excessive hair loss? Can you save the hair you still have? Can you increase the life expectancy of your hair? Prabably.

Please read every ward in the rest of this statement carefully, since it may mean the difference to you between saving your hair and losing the rest of it to eventual BADNESS.

HOW TO SAVE YOUR HAIR

Itely scalp, heir lass, dandruff, very dry ar alig scalp, are symptams of the scalp disease called sborrhea. These scalp symptoms are aften warnings of appraaching baldness. Net every cose of sborrhea results in baldness. but dectors naw knaw that men and women who have this scalp disease surably lase their hair.

Sebarrhea is believed caused by three paranities germ arganisms (staphylocaccus albus, pityrosporum arale, microbootilus). These germs first infect the sebaceous glands and later spread to the hoir failcles. The hair failcites stratoply, no longer can produce new hairs. The result is "thinning" hoir end baldness.

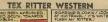
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